

# Muintearas Íosa sa Bhaile

Wednesday 29 April 2020

## KEEP THE HOME FIRES BURNING 🔥🔥🔥



Hello everyone, welcome to another week of lock-down! I hope you're doing ok, keeping positive and staying healthy and well. This week we will be running a Zoom Night Prayer on Thursday at 9pm so if you are interested in attending please let me know and I'll send you the Zoom link. I've also been busy trying to think of ideas and tips for you which I hope you will enjoy. As ever please let me know if you have any good news for me or if you come across any good ideas worth sharing! Stay safe and fan sa bhaile!  
Email: [aoife.walsh@limerickdiocese.org](mailto:aoife.walsh@limerickdiocese.org) or Text: 0852527465.



## Fáilte 🔥 HOW YOU CAN BE A PERSON OF WELCOME THIS WEEK



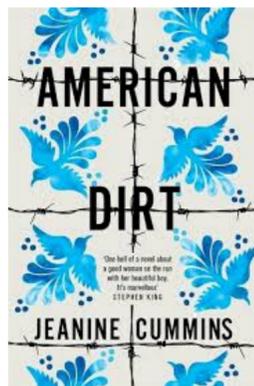
# THANKYOU

Make a sign for your window to thank Frontline Workers! We have a big sign in the village thanking our Frontline Workers but there's nothing to stop us putting up our own signs. It could be a lovely thing to do with younger brothers or sisters! If you have family/friends working on the front lines you could also post something on your social media to thank them!

Clean your side of the street! Everyone seems to be busy at the moment painting and gardening and keeping their homes looking well but maybe we should look a little further than our own front doors. The next time you go for your 2km walk why not take a bag and some gloves and pick up some rubbish along the way! We are all responsible for the area we live in and we could all do a bit more to make the world a bit more beautiful and welcoming.

## Foghlaim 🔥 TAKE TIME TO LEARN

I am so sick of Netflix now and I'm back to books this week. Did you know that if you are a member of your local library you have access to a complete library of books online? Go online and check out your local library to see what's available. In the meantime if you need a recommendation for a book this week then check out "American Dirt" by Jeanine Cummins. It's a story about a mother and her son and their journey through Mexico to America as they are forced to flee their home in the aftermath of violence. It is a gripping and emotional tale, at times tense and at times heart breaking. It also shines a light on the injustices faced by migrants and the real victims of organised crime.



If you don't like reading then there are also audio books! Or another alternative that I'm becoming more acquainted with – Podcasts! Stuff You Should Know is a pod-cast that has been around for years, probably because it is so fascinating. It is hosted by Josh Clark and Charles "Chuck" Bryant and there are over 1400 episodes which look at a variety of topics from How Dog Training Works to Nuclear Fusion Reactors to The Muppets to Forks! The length of the podcasts vary too so you can choose to listen for 15mins or settle in for an hour to become an expert on Coyotes. Then when Mum/Dad says to stop wasting all that time on your phone you can give them a lecture on what steps you should take if your arm/leg was torn off!! I mean who doesn't need to know that??



## Guí 🔥 TAKE TIME TO PRAY

In the name of the Father...

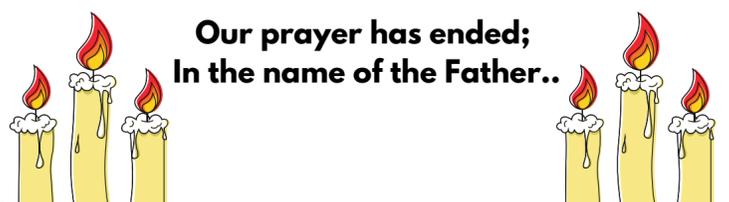
Mother Teresa said God speaks in the silence of the heart, and we listen... then we speak to God from the fullness of our heart, and God listens... and this is listening and this speaking is what prayer is meant to be. So we take a moment now to be silent as we begin to pray. (Sit quietly for a moment or two and just focus on your breath)

Story: An eighty five year old woman was being interviewed on her birthday. What advice would she have for people her age, the reporter asked. "Well" she said "at our age it's very important to keep using all our potential or else it dries up. It is important to be with people and, if it is at all possible, to earn one's living through service. That's what keeps us alive and well." "May I ask what you do for a living at your age?" asked the reporter. "I look after an old lady in my parish" was her unexpected, delightful reply.

This story reminds us of the importance of service and of love. Love heals everyone, both those who receive it and those who give it. We pray today that our grandparents and other elderly people still have opportunities to be of service. We pray that they know they are loved and valued by their family and friends. We pray for continued good health for those who are well and we ask God to watch over those who are sick. We give thanks too for a society which has made caring for the most vulnerable among us their highest priority. (Take a moment to think of your own intentions)

Our Father... Hail Mary... Glory Be...

Our prayer has ended;  
In the name of the Father...



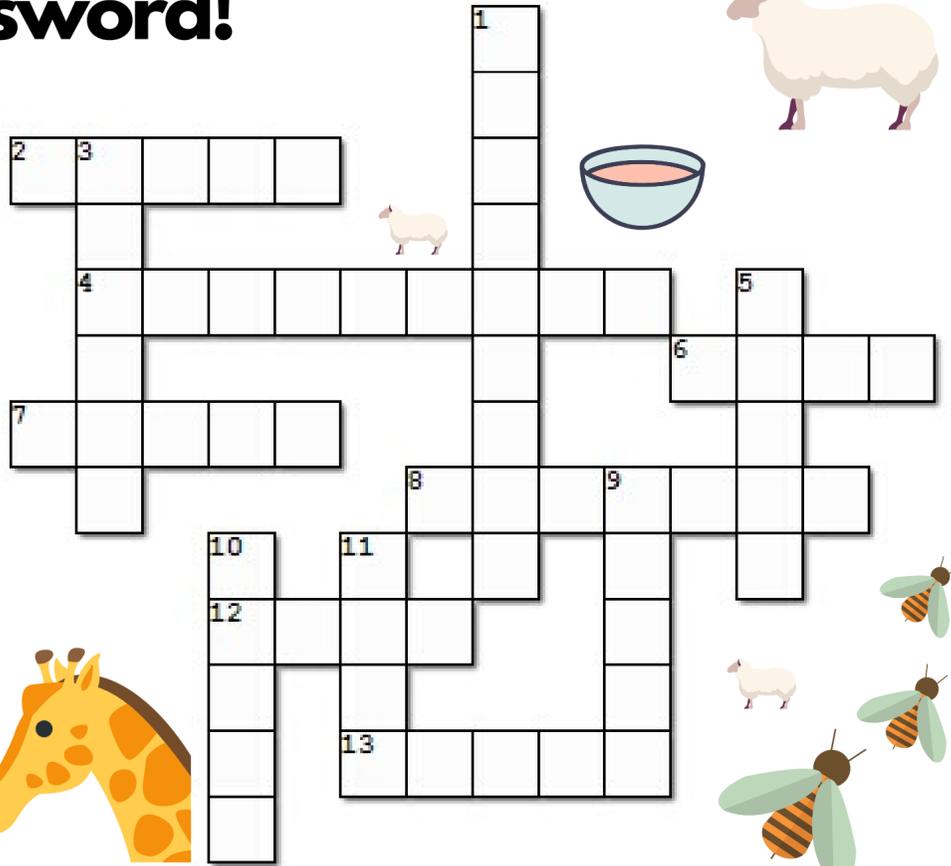
# Muintearas Íosa sa Bhaile Puzzle Page!

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## Icebreaker & Games Crossword!

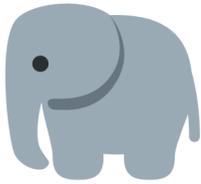
### Across

- 2. Splash, Splish, Split
- 4. ? Name Game
- 6. Back in the ?
- 7. Find someone who...
- 8. Giraffe, Elephant, ?
- 12. I receive this book
- 13. Who Says?



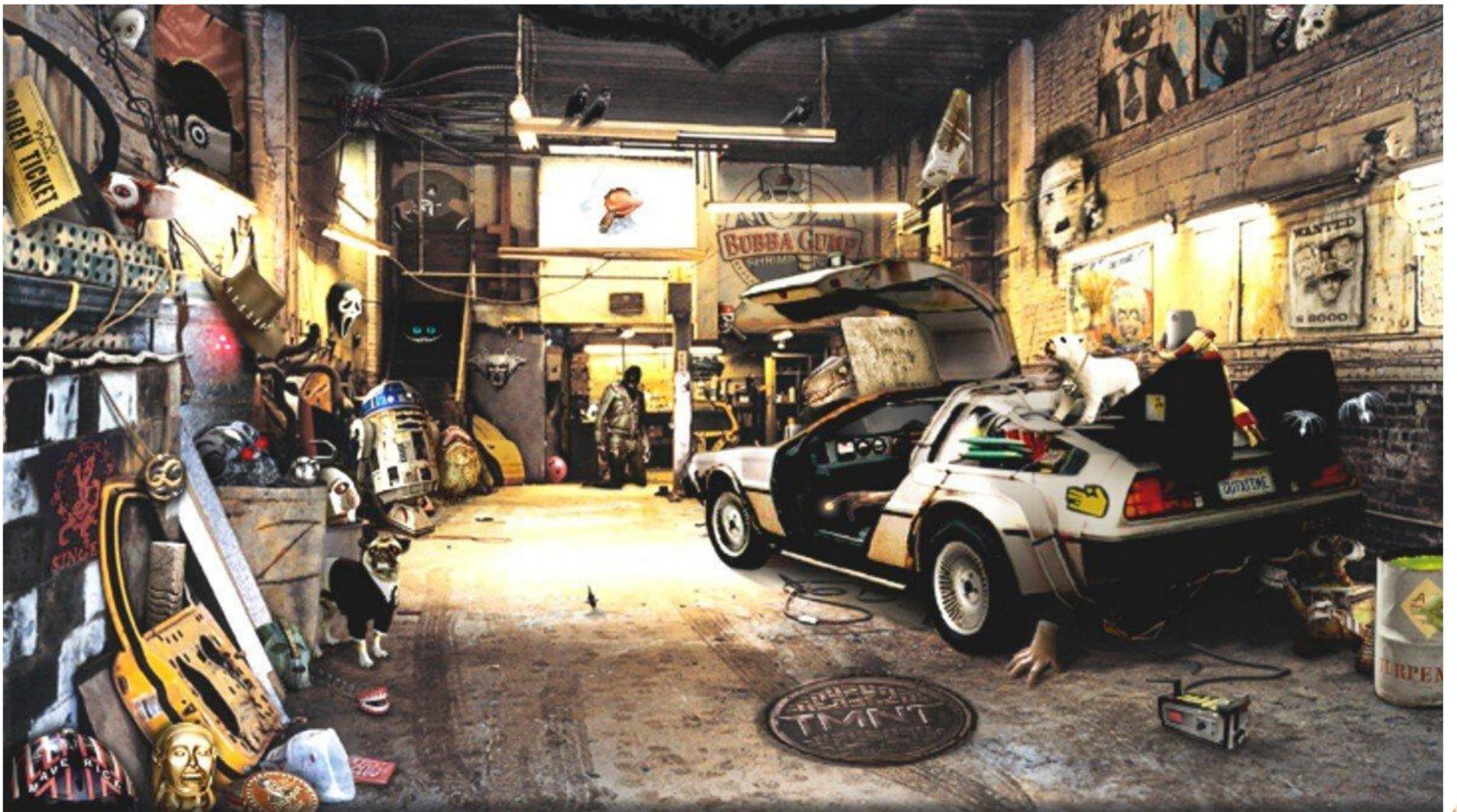
### Down

- 1. When we hum Game of Thrones
- 3. I'm going on a ?
- 5. I love you ? but I just can't smile
- 9. How Many Sheep Are In The Field
- 10. Four on a ?
- 11. Buzzing ?



## Name the Movie

There are 66 movies referenced in this picture!! Have Fun!



## Dingbats

What common phrase or word(s) do you see visually represented here?

SECRET  
SECRET  
SECRET

STORM  
TH

4  
compliments

TIME  
TIME  
LUCKY

