



Three figures in a circle, each in the blue of the heavens.

On our right in blue & green (new life) is the Holy Spirit.
In the centre in brown (earth), gold (kingship) and blue is the
Christ.

On our left in shimmering gold sits the Father.

The circle however is not complete.
There is a space here at the front, where we sit.
We sit at the feet of the Trinity and complete the circle.

Here we pray and listen, listen and pray.

Sitting before the Trinity we pray

– a prayer of hospitality for parish groups.

The icon of the Trinity was painted around 1410 in Russia by Andrei Rublev. It depicts the three angels who visited Abraham at the Oak of Mamre - but is often interpreted as an icon of the Trinity.

- 1. Image:** *Icon of the Trinity:* Display the image for a few moments, with gentle background music playing.

Slowly and gently read the words of Genesis:

'The Lord appeared to Abraham near the great trees of Mamre while he was sitting at the entrance to his tent in the heat of the day. Abraham looked up and saw three men standing nearby. When he saw them, he hurried from the entrance of his tent to meet them and bowed low to the ground. He said, If I have found favour in your eyes, my lord, do not pass your servant by. Let a little water be brought, and then you may all wash your feet and rest under this tree. Let me get you something to eat, so you can be refreshed and then go on your way— now that you have come to your servant. Very well, they answered, do as you say.'

Genesis 18 (NIV–UK)

2. Reflection

(a) Welcoming God

‘Abraham looked up and saw three men standing nearby.

Abraham became aware of ... let us take a moment to become aware of God who is with us now. We light the candle at the centre of the table as a sign that we want to become aware of God who is present with us this morning. We welcome God: Father, Son and Spirit, and allow God to welcome us’

One person lights the candle.
Allow a moment for silent reflection.

(b) Welcoming each other

‘Abraham hurried from the tent and bowed low to the ground

Abraham honoured his visitors. In stillness now, we honour each other by listening to each others Christian names. In your own time, in the gentle stillness, let each person say their Christian name aloud. Say your name as God says it – with gentle dignity. Take your time between names, Bow low to the ground, as you honour one another by becoming aware of each others presence in this place.’

(c) In Communion

The Father is not greater than the Son.
The Trinity is three equal persons.

The Trinity is a communion of persons who are not a threat to each other;

But it is in the Father being the Father that the Son is the Son.

Free persons in communion

The Father sent Jesus out to gather Mary, Joseph, Peter, John and all into this spirit, this communion.

This is what we are about:

- living as free persons in communion,
- recognising God already present in the Other,
- making the Trinity a reality in our lives.

(An tAthair Micheál de Listún, Luimneach)

3. Comment through prayer

We respond as one people:

*Glory be to the Father
Glory be to the Son
Glory be to the Holy Spirit
Amen*